

Exploring the Role of Shared Leisure Activities in Women's Marital Satisfaction

Fatemeh. Abbasi Kharaju^{1*}, Elif. Toktas², Neşe. Köse²

¹ Master of General Psychology, Faculty of Humanities, Varamin-Pishova Branch, Azad Islamic University, Tehran, Iran

² Faculty of Sports Science, Physical Training and Sports Department, Akdeniz University, Antalya, Turkey

* Corresponding author email address: fatemeabbasi001@gmail.com

Editor

Parisa Nilforooshan^{id}
Professor of Psychology Associate
Professor, Counseling Department,
Faculty of Educational Sciences and
Psychology, Isfahan University,
Isfahan
p.nilforooshan@edu.ui.ac.ir

Reviewers

Reviewer 1: Mohsen Golparvar^{id}
Professor, Department of Psychology, Isfahan Branch (Khorasgan), Islamic Azad
University, Isfahan, Iran. mgolparvar@khuif.ac.ir
Reviewer 2: Kamdin Parsakia^{id}
Department of Psychology and Counseling, KMAN Research Institute, Richmond
Hill, Ontario, Canada. Email: kamdinparsakia@kmanresce.ca

1. Round 1

1.1. Reviewer 1

Reviewer:

The introduction mentions several studies on marital satisfaction but does not address any potential negative impacts of shared leisure activities. Including a brief discussion on possible downsides or limitations would provide a more balanced view.

The process of "initial coding" is mentioned without detailing the specific coding strategy used. Provide more details on the initial coding process to improve the methodological transparency.

The table lists various concepts under "Quality Time Spent Together" but lacks specific examples or quotes from the interviews. Consider adding representative quotes to illustrate these concepts more vividly.

The phrase "the mutual support that couples experience during shared leisure activities" would be clearer with specific examples from the data. Including direct quotes or detailed examples will enhance understanding.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The inclusion criteria are well-defined, but the exclusion criteria are not mentioned. Specify any exclusion criteria that were used to select participants for the study to ensure clarity.

"One participant stated, "When we go for walks together, we have some of our best talks." Consider providing a more detailed context or background for this quote to enhance its impact and relevance.

The statement "This finding aligns with Johnson, Zabriskie, and Hill (2006)" would benefit from a brief summary of their findings to better illustrate the connection between the current study and previous research.

The sentence "Several studies have highlighted the positive relationship between shared leisure activities and marital satisfaction" should include specific examples of these studies to support the claim. This will strengthen the argument with concrete evidence.

"Data were collected using semi-structured interviews." It would be helpful to include an example of the interview guide or some sample questions to provide a clearer picture of the data collection process.

The section discusses stress reduction but does not mention any specific stressors addressed. Provide examples of stressors that were alleviated through shared leisure activities to add depth to the findings.

The statement "Participants felt that engaging in new and challenging activities together helped their relationship grow" would benefit from a more detailed explanation of what constitutes "new and challenging activities" with specific examples.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.