





Effectiveness of Mindfulness-Based Cognitive Therapy (MBCT) on the Psychological Well-Being of Infertile Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

The introductory paragraph states, "Infertility defined as the failure to conceive after one year of regular unprotected sexual intercourse (Tan et al. 2008) is described as one of the most distressing life experiences." Consider rephrasing for clarity: "Infertility, defined as the failure to conceive after one year of regular unprotected sexual intercourse (Tan et al. 2008), is considered one of the most distressing life experiences."

The sentence "According to WHO statistics infertility affects about 80 million people worldwide" needs a current reference. Ensure that the cited WHO statistics are up-to-date and properly referenced.

The description of the control group should include more information about their experience during the study period.

The session descriptions are too brief. For example, Session 1 only mentions a body scan meditation.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:



The Methods section states, "Thirty participants were selected based on inclusion criteria." It is important to specify how these participants were approached and their response rate.

The data analysis section mentions using repeated measures ANOVA but lacks a justification for this choice.

In Table 1, ensure all variables have clear definitions and units where applicable.

The Results section states, "The results indicated that MBCT was effective in improving the psychological well-being of infertile women ($P = 0.001$)." Include effect sizes to provide context to the statistical significance.

The Discussion section should more thoroughly compare the findings with those of similar studies.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.