






The Effectiveness of Group Cognitive Behavioral Therapy on Depression and Sense of Security in Women with Marital Distress

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R e v i e w e r s

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1. Round 1

1.1 Reviewer 1

Reviewer:

"In the sentence 'Marriage has always been affirmed as the most important and supreme social tradition for meeting individuals' emotional needs,' please provide specific references or studies that support this claim to enhance the credibility of the statement."

"Explain the reliability and validity of the questionnaires used for depression and sense of security in more detail. Mention any previous validation studies or provide the psychometric properties if newly developed."

"The activities mentioned for cognitive restructuring are helpful. However, consider adding more detailed examples or case studies to illustrate how participants practiced recognizing and challenging negative automatic thoughts."

"The description of behavioral activation could be enhanced by including specific examples of pleasurable and meaningful activities that were encouraged, as well as discussing any cultural considerations relevant to the participants."

"The data analysis section mentions the use of ANCOVA. It would be beneficial to explain why ANCOVA was chosen over other statistical methods and discuss any assumptions made and how they were tested."

"In Table 1, ensure that the mean scores and standard deviations for the control and experimental groups are clearly labeled. Also, consider including confidence intervals for the means to provide a better sense of the variability."

"The p-values reported for the ANCOVA results should be accompanied by effect sizes and a discussion of their practical significance. Simply reporting statistical significance is not sufficient to understand the magnitude of the effects."

The authors revised the manuscript and uploaded the document.

1.2 Reviewer 2

Reviewer:

"The claim 'Women's health, especially maternal health, is a fundamental concept in socio-economic development and welfare' requires additional sources or examples to strengthen the argument. Consider citing recent studies or reports that illustrate the impact of women's health on socio-economic outcomes."

"The description of the sampling method is somewhat vague. Provide more detail on how the 28 participants were selected using purposive sampling, and clarify the criteria used for inclusion and exclusion."

"The discussion of the findings would benefit from a deeper analysis of how these results compare with existing literature. For instance, provide a more detailed comparison with the studies by Dehghani et al. (2022), Zohrabnia et al. (2021), and Khanal et al. (2020)."

"The statement 'CBT changes the emotional responses of clients with depression by modifying cognitive-emotional processes' should include references to specific models or theories of CBT that support this assertion."

"The conclusion mentions the practical implications of the findings for practitioners. Consider adding specific recommendations or guidelines for implementing group CBT in counseling centers based on the study's results."

The authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.