




## The Effectiveness of Emotionally Focused Couple Therapy on Emotional Experiences towards Spouse, Marital Burnout, and Family Relationships of Married Women

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

"The introduction mentions 'divorce statistics which are the most prominent indicators of marital conflicts are increasing day by day (Dehghani Sheshdeh & Yousefi 2019)'. Please provide specific data or a table to support this statement."

"In the intervention section, the protocol outlines for each session are described. It would be helpful to include more specific examples or case studies demonstrating how these sessions were conducted."

"The data analysis section mentions using multivariate covariance analysis. Please provide more detail on the assumptions checked (e.g., normality, homogeneity of variances) and the steps taken to meet these assumptions."

"In Table 1, ensure that all terms and abbreviations are clearly defined (e.g., M, SD). Adding a footnote to explain these terms could improve clarity."

"The conclusion states that EFT is effective in improving emotional experiences, marital burnout, and family relationships. Provide more specific recommendations or next steps for future research and clinical practice."

Authors revised the manuscript and uploaded the document.

## 1.2. Reviewer 2

Reviewer:

"The literature review section would benefit from a more detailed comparison of Emotionally Focused Couple Therapy (EFT) with other therapeutic approaches, such as Cognitive Behavioral Therapy (CBT). This will help to contextualize the choice of EFT for this study."

"The method section states 'convenience and volunteer sampling'. Please justify the use of this non-random sampling method and discuss its potential impact on the generalizability of the findings."

"Clarify the measures taken to ensure the control group did not receive any form of intervention or indirect benefit from being on the waiting list."

"The results section states, 'The therapy method had a significant positive impact on the research variables ( $P < 0.05$ ).' Please specify which variables were significantly impacted and provide exact p-values for transparency."

"The discussion would benefit from a more thorough comparison of the current findings with previous studies mentioned, particularly those by Blow et al. (2015) and Burgess Moser et al. (2016). Highlight any consistencies or discrepancies."

"Expand on the practical implications of your findings. For example, how might therapists integrate these findings into their practice to enhance the effectiveness of EFT?"

Authors revised the manuscript and uploaded the document.

## 2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.