

Predicting Marital Adjustment and Quality of Life Based on Self-Concept and Self-Efficacy in Women Seeking Cosmetic Surgery


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1. Round 1

1.1. Reviewer 1

Reviewer:

"The introduction outlines the general concept of cosmetic surgery and its increasing popularity, particularly among women. However, the paragraph could benefit from a clearer link to the central research question. While you explain the societal context, it would strengthen the narrative to explicitly state how this growing demand for cosmetic surgery directly influences psychological and relational outcomes such as marital adjustment and quality of life. Consider including a statement that directly connects these issues to your research focus."

"While the paragraph discusses the social pressures that affect women's perceptions of beauty, it would be valuable to include a more explicit connection to the psychological mechanisms at play. For example, you mention 'the desire to become more attractive,' but it would enhance the argument to discuss how this desire translates into increased anxiety or self-esteem issues, which are likely linked to the variables of self-concept and marital adjustment that your study focuses on."

"The data from the International Society of Aesthetic Plastic Surgery is relevant, but it could be improved by providing a more critical analysis of why the increase in cosmetic surgery procedures is particularly concerning. You could discuss the implications of this growing trend in the context of the psychological factors you intend to explore in your study, such as how societal standards of beauty might be influencing women's decisions."

"While you mention prior studies showing lower marital adjustment and sexual functioning in women post-surgery, I recommend expanding on how these studies relate to your research design. What specific gaps in the literature does your study aim to fill? Additionally, including studies that have explicitly linked self-concept and self-efficacy to marital satisfaction would directly support your research question."

"Your discussion of the psychological distress resulting from poor marital quality is well-written. However, to further enhance this argument, it would be beneficial to include studies that discuss the direct link between poor marital quality and the psychological distress faced by women undergoing cosmetic surgery. These studies could provide additional support for the theoretical framework you are proposing."

"The section that addresses the gap in research on self-concept and self-efficacy in women seeking cosmetic surgery is crucial. However, it could benefit from specific examples of studies that have neglected these factors, especially in relation to marital adjustment. This would help position your study more clearly within the existing literature and demonstrate the novelty of your approach."

"The section on the applied nature of the study is clear. However, it could benefit from expanding on how your study might influence policy or clinical practices. For example, could the results inform psychological interventions for women considering cosmetic surgery? A brief mention of these potential applications would enhance the relevance of your research."

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

"While the mention of both psychosocial benefits and psychological issues post-surgery is important, it might be beneficial to briefly introduce the existing controversy or mixed results in this area. Providing a more balanced view here will set the stage for your own study and help clarify the research gap you intend to fill."

"The paragraph describing 'quality of life' is well-structured. However, it would be useful to briefly mention how the concept of quality of life is operationalized in your study. You define it broadly here, but offering a sentence on how quality of life is specifically measured in the context of women seeking cosmetic surgery would clarify the link to your research question."

"The reference to body image disturbance and its impact on anxiety, depression, and quality of life is strong. To enhance this, consider citing additional recent studies that directly link body image dissatisfaction to these psychological outcomes, specifically in populations undergoing cosmetic surgery. This would solidify the foundational connection between body image and your focus on marital adjustment and self-concept."

"The discussion of marital adjustment provides a good conceptual basis, but it could benefit from additional clarification. While you define marital adjustment well, it might be helpful to explain how marital satisfaction specifically relates to cosmetic surgery. Are the adjustments in marital relationships primarily based on physical changes, or do psychological shifts due to surgery also play a role?"

"While the paragraph on self-concept is thorough, it would benefit from a more direct tie to cosmetic surgery. The discussion could expand on how individuals seeking cosmetic surgery might have lower self-esteem or negative self-concept, and how this might impact their marital and psychological well-being. Providing more examples or data would help ground the theoretical discussion in the context of your study."

"The mention of self-efficacy is strong but could be better connected to cosmetic surgery. For example, how might self-efficacy influence a woman's decision to undergo surgery, or how could it relate to the outcomes of surgery in terms of psychological well-being or marital adjustment? Adding this explicit connection would tie the concept of self-efficacy more closely to your research."

"Your research question is clearly stated; however, it would benefit from more specific details about how self-concept and self-efficacy are measured in your study. Are these constructs assessed through standardized scales, or do you propose a new model? Clarifying this will help readers understand your methodology and the precision with which these variables are captured."



"In your explanation of the study's design, it would be useful to briefly mention the expected contribution of this research. How do you anticipate your findings will influence current practices or interventions related to cosmetic surgery? This could serve as a compelling motivation for the study and highlight its practical value."

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.