



The Impact of Women's OCD Symptoms and Automatic Thoughts on Marital Quality of Life

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1. Round 1

1.1. Reviewer 1

Reviewer:

"Research has shown that psychological disorders such as obsessive-compulsive disorder (OCD) and cognitive distortions such as automatic negative thoughts can significantly impact the quality of marital relationships." – It would be beneficial to expand on how these specific disorders interact in marriage and why they were chosen as the focus of the study. Providing more context on existing gaps in literature regarding these factors would enhance the rationale of the research.

"The relationship between psychological disorders and marital dissatisfaction is complex and multifaceted." – The complexity of this relationship needs further elaboration. Consider adding specific examples or mechanisms through which OCD and cognitive distortions influence marital dissatisfaction.

"Pearson correlation analysis and multiple linear regression were performed..." – Clarify whether assumptions for these statistical tests were checked and how potential violations were handled. This is important for validating the robustness of the analysis.

Descriptive statistics for OCD symptoms and automatic thoughts are provided, but the range of scores for these variables should also be presented. This would help readers understand the severity of symptoms and thoughts within the sample.

"Both OCD symptoms and automatic thoughts were significant predictors of marital quality of life..." – The percentage of variance explained by the model (38%) suggests that other important variables were not included. Suggest exploring additional factors like emotional regulation, social support, or conflict resolution skills.

"These results suggest that the compulsive behaviors and intrusive thoughts characteristic of OCD may contribute to marital distress..." – This statement could be strengthened by citing specific research on how compulsive behaviors manifest in marital relationships (e.g., time spent on rituals, emotional availability).

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

"The sample size was determined using the Morgan and Krejcie table." – Explain why this table was chosen over other sampling methods, and provide justification for using convenience sampling, given potential biases that may arise from this approach.

"The Y-BOCS contains 10 items divided into two subscales: obsessions and compulsions." – The psychometric properties of this scale are mentioned, but it would be helpful to describe how this tool has been adapted or validated for the Iranian population, as cultural differences could affect symptom expression.

"The ATQ focuses on themes such as personal failure, self-criticism, and hopelessness." – Could the study have also included positive automatic thoughts as a variable? This would allow for a more balanced analysis of cognitive processes affecting marital quality.

"There is a significant negative correlation between marital quality of life and automatic thoughts ($r = -0.62$ $p = 0.001$)." – The strength of this relationship is substantial. Consider discussing whether the correlation suggests causality or if other confounding variables might mediate this relationship.

"As automatic negative thoughts increase, they may fuel feelings of hopelessness, self-criticism, and dissatisfaction..." – This is a critical point. Discuss how these thoughts may interact with partner responses and whether certain coping strategies could mitigate their impact.

"This study extends this body of research by demonstrating that automatic negative thoughts... exert a considerable impact on marital outcomes." – Consider discussing the potential for interventions, such as cognitive restructuring techniques, to reduce the influence of automatic thoughts on marital satisfaction.

"The current study sheds light on how these two variables work together to shape the overall quality of a woman's marital experience." – Expand on the interaction between OCD symptoms and automatic thoughts. Does the severity of one variable exacerbate the effects of the other?

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.