





Investigating the Effectiveness of a Mindfulness-Based Acceptance Training Package on Mother-Child Relationships in Children with Autism Spectrum Disorder

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1. Round 1

1.1. Reviewer 1

Reviewer:

While the introduction outlines ASD characteristics, it lacks a clear statement of the research gap. A sentence explicitly mentioning what is missing in prior studies and how this study addresses that gap would strengthen the argument.

The article states, "The PCRS has been used to evaluate parent-child relationships across all ages." (Methods). While reliability coefficients are reported, more details on how the scale has been validated in an ASD-specific population would strengthen its applicability.

The article states, "Mindfulness appears to promote long-term changes in parent-child interactions." (Discussion). Since the follow-up period is not long-term, addressing whether booster sessions might be needed would add value.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The sentence "Mindfulness appears to promote flexibility, improve parent-child interactions, and enhance parents' psychological well-being..." (Introduction) presents mindfulness as beneficial, but the theoretical framework for why mindfulness specifically enhances mother-child interactions should be further elaborated.

The study asks, "Can a mindfulness-based acceptance training package improve parent-child relationships?" (Introduction). The hypothesis should be explicitly stated rather than implied.

The study states, "These results indicate that the two groups were demographically similar across the measured variables." (Findings). Adding a table showing pre-test scores for parent-child relationships would confirm that groups were indeed equivalent before the intervention.

The discussion states, "While no identical prior studies were found, the results align with portions of earlier research (Martin et al., 2018; Nikbakht et al., 2019)." (Discussion). More explicit comparisons with mindfulness-based interventions in ASD populations would strengthen the argument.

The discussion mentions "Mindfulness disrupts cycles of repetitive negative thoughts..." (Discussion). A deeper exploration of how mindfulness alters these cognitive processes in mothers of children with ASD would provide more theoretical depth.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.