

Article history: Received 07 March 2025 Revised 08 July 2025 Accepted 17 July 2025 Published online 01 October 2025

Psychology of Woman Journal

Open peer-review report



Effectiveness of Emotion-Focused Therapy on Behavioral Emotion Regulation and Marital Stress in Married Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

Consider specifying which variables showed statistically significant changes and include effect sizes (e.g., η^2) for each. This will improve the scientific clarity of the abstract.

Clarify the number and type of counseling centers (e.g., governmental/private) to enhance generalizability and context.

Ensure the table titles follow APA 7th edition format: "Table 1. Descriptive Statistics for Dependent Variables..."

Please include post-test means and SDs for the control group across all variables for direct comparison.

This is contradictory. A non-significant Box's M indicates the assumption is met, not violated. Please correct this interpretation.

It is unclear if assumptions (e.g., homogeneity of regression slopes) for each individual ANCOVA were verified. Include explicit checks or refer to a test such as Levene's or interaction terms.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

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Please justify the cut-off criteria or provide ranges used for inclusion. This is critical for reproducibility and avoiding sampling bias.

Ensure that all in-text citations are formatted uniformly according to journal guidelines (e.g., remove ampersands in narrative citations).

Remove redundant mentions of E-ISSN unless specifically required by journal formatting guidelines.

It would be beneficial to specify which cognitive restructuring techniques were used (e.g., Socratic questioning, reframing).

Clarify whether this value refers to partial η^2 or another metric. Additionally, discuss the practical significance of this large effect size in the Results or Discussion section.

This statement would benefit from a stronger mechanistic explanation or citation of psychoneuroimmunology literature.

Caution is advised: without follow-up data, long-term inferences are speculative. Rephrase to suggest a potential contribution.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.