



Exploring the Cognitive-Affective Components of Body Image Disturbance in Adolescent Girls


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1. Round 1

1.1. Reviewer 1

Reviewer:

The authors state, "Cognitively, individuals with BID may exhibit rigid beliefs about the 'ideal' body..." – It would strengthen the argument to define or operationalize the term "rigid beliefs" using empirical examples or psychometric correlates.

The phrase "visual-spatial misperceptions" appears without clarification. Consider elaborating briefly on what types of misperceptions (e.g., allocentric vs. egocentric distortions) are most implicated in adolescent BID, drawing from cited literature.

The authors write, "relatively few studies have explored the lived experiences..." – This claim requires a citation or brief mention of the few studies that have taken a similar qualitative approach for contextual anchoring.

The manuscript states, "peer debriefing with qualitative research experts was conducted" – please specify how many experts participated and whether intercoder reliability was calculated or addressed in any form.

The phrase "cyclical model of BID emerges..." is conceptually strong. Consider presenting a simple visual diagram of this model in the discussion to aid reader comprehension and increase conceptual impact.

Authors revised the manuscript and uploaded the document.



1.2. Reviewer 2

Reviewer:

The interpretation of emotional suppression lacks integration with relevant emotion regulation theories. Consider referencing Gross's process model of emotion regulation for better theoretical linkage.

The sentence, "These behaviors often bordered on compulsivity..." would benefit from a more nuanced analysis – did any participants describe distress or impairment consistent with clinical compulsive behaviors? If so, please elaborate.

The authors mention "fragmented sense of body ownership" – this neurocognitive concept requires brief explanation or citation support to be accessible to a broader psychology readership.

The line, "fluctuations in self-esteem based on external validation..." – consider connecting this to constructs such as contingent self-worth or extrinsic self-esteem to enhance the psychological depth.

The statement, "These patterns mirror the coping spectrum identified in earlier studies..." would be clearer with reference to specific coping typologies (e.g., avoidant vs. approach-focused coping) to strengthen conceptual rigor.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.