




Factors Influencing Help-Seeking Behavior in Women with Postpartum Depression




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E d i t o r	R e v i e w e r s
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1. Round 1

1.1. Reviewer 1

Reviewer:

Consider supporting this claim with a recent global or regional epidemiological statistic or meta-analysis to emphasize the scope of the help-seeking gap.

Clarify whether this labeling fear was culturally specific to the Greek context or a generalized finding. The current sentence blends global literature with study-local implications without separation.

Provide an example of an initial code that evolved into a subtheme to demonstrate the depth and traceability of your inductive process. Consider adding a small coding map in supplementary materials.

Consider stating why this homogeneity was important (e.g., cultural consistency) and whether it was intentional. Also, address the exclusion of migrant or minority women.

Consider rephrasing “Denial of Illness” to “Symptom Normalization and Denial” for greater clinical and conceptual clarity, which captures both under-recognition and avoidance.

Expand on how digital media acts as both an enabler and inhibitor. A nuanced discussion of its bidirectional influence (e.g., social validation vs. toxic positivity) would enrich the interpretation.

Mention whether Greek healthcare operates under universal or private insurance models and how this affects the structural barrier themes. This adds depth to “inflexible healthcare models.”

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

You mention the PoDLiS but do not state whether it was used in your own study. Clarify its relevance here—is this a citation to justify your interview guide, or background literature?

It would strengthen the rationale to explicitly state why Greece, in particular, presents a unique or under-researched context for examining PPD help-seeking.

Consider describing whether interviews were piloted and if the same interviewer conducted all sessions. This affects consistency and trustworthiness in qualitative studies.

Expand briefly on how male partner education or inclusion could mitigate such reactions. The narrative is strong, but the interpretive implication could be clearer.

Consider anchoring this sentence with a theoretical reference (e.g., health belief model or theory of planned behavior) to ground your interpretation in existing behavioral science.

Strengthen this argument by referencing literature on maternal role expectations or cognitive dissonance in new mothers, potentially from feminist psychology or perinatal identity frameworks.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor’s decision: Accepted.

Editor in Chief’s decision: Accepted.